

# SWAY INTO 'SWEET SILENCE' WITH MIA MARTINEZ' LATIN JAZZ LULLABY "SILENCIO DULCE"

Mia Martinez

## Silencio Dulce

This Winter 2023 the Danish based Cuban-American/Puerto Rican singer Mia Martinez releases the 2nd in a series of World healing soul-jazz singles for joy and connection. The second single „Silencio Dulce“, is a LatinJazz lullaby luring you into stillness to find solace and light.

For all of you who want to move and be moved. Here are new World music tracks with a soul-jazz vibe aligned with The Age of Aquarius, from healing artist Mia Martinez.

„Silencio Dulce“ is a Spanish texted jazz lullaby written over a 95 year old melody by Kurt Weill. Her composition is a return to her roots.

Mia Martinez has been inspired by her own life experience of the importance of seeking silence during pressing times. Her deep soulful vocal in Silencio Dulce is inviting the listeners on a true path to resilience.

"This song is meant to encourage people to seek silence and solitude and not be afraid to go into the darkness - because it's there, they will find their inner light,"



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**"SILENCIO DULCE"**

Mia Martinez - Vocal  
Peter Michael Jensen - Piano, keyboards  
Morten Grønvad - Vibraphone  
Birger Sulsbrück - Congas, percussion

Lyrics: Mia Martinez  
Music: Mia Martinez / Peter Michael Jensen / Kurt Weill

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## MIA'S MESSAGE

### JOY & CONNECTION

## BIO

Mia Martinez was born and raised in Washington Heights, New York City in a Cuban/Puerto Rican family.

Soul, jazz and Latin rhythms are in her blood, and she began her musical career singing and dancing with the legendary Dr. Buzzard's Original Savannah Band. She also recorded with Kid Creole and Corey Daye and performed with Don Armando's 2nd Avenue Rumba Band.

Mia Martinez came to Denmark in 1983 and was a singer and songwriter with Take Five, Streetbeat, Heart+Soul, Mia Martinez & her Mambo Soul and Salsanamá. As well as, she was backup singer for numerous artists such as Laid Back, Gnags and Sanne Salomonsen.

In 1984 Mia was there to start the popular radio station 'The Voice'. Under the name "Miss Mia" she established herself as radio host and DJ, where for more than a decade, she was known for her extensive knowledge and love of eclectic music.

In 2003 Mia Martinez' musical career expanded into the field of healing and spirituality after a collaboration with the Danish Music Union that lead to Mia becoming a life/career coach for artists as well as a corporate workshop facilitator.

In 2015 Mia Martinez founded "The House of Namaste - Center for Healing Arts & Yoga", where she works today with holistic healing arts, mentoring and sharing wisdom.

Mia Martinez' World healing singles have been composed in collaboration with Peter Michael Jensen and a collective of musicians, each chosen to bring their personal flavour to the tracks of jazz, latin, soul and reggae.

The project is a return to music after twelve years with full focus on the healing arts:

*"This project just pushed itself through. I have quite a lot I needed to express, and it is in line with what I have done through my journey within music and the healing arts, in my life so far,"* Mia Martinez explains.

In 2003 Mia Martinez was chosen for a project by the Danish Musicians Union, where artists were trained to become a corporate art facilitators. Mia brought her knowledge to big corporations like Novo Nordisk and Nycomed. Then became a career coach for artists, aiding their process by re-framing, re-discovering their artistic spirit.

It was while in this position Mia Martinez recognised how she could help people from all walks of life to become more aware of their body, mind and spirit connection. Through her teachings of breath and energy work, voice and movement, in how to open up and let go:

*"At the start of my career it was more about being acknowledged. But at this stage of my life, my soul purpose it making people feel joy and connection ... LOVE & LIGHT."*

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